



Plan India

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Acc-443

Dear Mr. Anil,

Greetings from Plan India!

As **MVS Engineering Pvt. Ltd.** has been our valuable supporter. I extend my sincerest thanks to you and your organization for the valuable association with Plan India and for being a part of our caring, compassionate group of citizens who support and promise the potential of children. By empowering the youngest and most marginalized among us, you're helping to build stronger, more resilient communities, and transforming the world we share.

Every child has the right to grow up healthy, educated, protected, valued and respected. When you invest in a child's future, you are not only improving his/her life but also the economic condition of his/her family and entire community.

With the support of donors like you, we are tackling the root causes of gender inequality and challenging gender norms, which can be detrimental to boys as well as girls.

Once again, thank you for believing that all children deserve the right to live and thrive.

We look forward to continuing this inspirational partnership with you in 2020!

Regards

Deepmala Sahu

Donor Relationship Officer

1, DDA Community Centre, Zamrudpur,
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☎ 8595406521(M)

THE PROBLEM



www.planindia.org

MATERNAL MORTALITY

India ranks 129 among 184 nations on maternal mortality. (World Bank)

SURVIVAL RISKS

Declining Child Sex Ratio: 914 girls to 1,000 boys. (Census 2011)



BIRTH

FOR MILLIONS OF GIRLS, LIFE IS A CONSTANT STRUGGLE



29 YEARS

MARGINALISATION

Only 39% of women own a house and for land. (Census 2011)



18 YEARS

EXCLUSION

26.8% girls (aged 20-24 years) were married before 18 years. (National Family Health Survey 4)



14 YEARS



2 YEARS

NEGLECT

Only 50% girls receive complementary feeding at the right age. (Census 2011)



5 YEARS

EXPLOITATION

10.1 million children engaged in work, out of these 4.5 million are girls. (Census 2011)

WHO WE ARE

Plan India is a nationally registered not for profit organisation striving to advance children's rights and equality for girls, thus creating a lasting impact in the lives of vulnerable and excluded children and their communities.

WHAT WE DO

MATERNAL HEALTH, CHILD SURVIVAL AND OPTIMAL DEVELOPMENT

Improve access to quality reproductive, maternal, child and adolescent health services

WATER, SANITATION AND HYGIENE

Improve access to water, sanitation and hygiene services

QUALITY AND HOLISTIC EDUCATION

Improve holistic learning and quality education

CHILD PROTECTION

Increase protection and effective redressal from all forms of abuse, neglect, exploitation and violence

EMPLOYABILITY AND ECONOMIC EMPOWERMENT

Improve youth skill development, employability and financial inclusion

DISASTER RISK REDUCTION

Build disaster resilient communities through comprehensive disaster risk reduction and humanitarian assistance



IMPACT 2017

1,000,000

Meals provided to children from vulnerable families

500,000

Mothers and children benefited through Village Health and Nutrition Day programmes

300,000

Children benefited from the Sports for Development programme, Digital Learning Centres, science labs and libraries

70,000

Adolescent girls re-enrolled in school

54,000

Health Workers trained to ensure better care for children and mothers

34,000

Children trained on Child Protection and reporting of violations

54,000

Children supported through our Child Sponsorship programme



Source: Plan India Programme Data, 2016-17

MAKE A DIFFERENCE - SPONSOR NOW

Our sponsorship programme is a unique opportunity to form strong and inspiring bonds with children. When you become a sponsor, you help children gain quality education, proper healthcare, clean water, protection and livelihood skills.

Choose an option below, to bring about lasting and positive change in children's lives.

NO CASH PAYMENTS | ONLY CHEQUE/DD

☐ ₹ 600,000 for 50 Children for 1 year

☐ ₹ 180,000 for 15 Children for 1 year

☐ ₹ 480,000 for 40 Children for 1 year

☐ ₹ 120,000 for 10 Children for 1 year

☐ ₹ 360,000 for 30 Children for 1 year

☐ ₹ 60,000 for 5 Children for 1 year

☐ ₹ 240,000 for 20 Children for 1 year

☐ ₹ 12,000 for 1 Children for 1 year

☐ ₹ _____ for _____ Children for _____ year

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PlanIndiaNGO

@Plan_India

planindia



DELHI

YOUR ANNUAL UPDATE FROM INDIA

We would like to share an update from Delhi, where so much progress has been made - thanks to support from you!

This past year, with the help of your sponsorship, we have been able to help communities develop regular hygiene practices and providing access to safe drinking water at local schools.

We also organised a celebration for World Autism Day in which 95 parents, caretakers and guardians participated and engaged in discussions on the topic. In addition, we organised a workshop where 50 parents learned how to support their children with disabilities. We also supported 55 children through speech or drama therapy.

To ensure that girls can grow up in a safe environment, we built 162 street lamps lighting the streets at night. We trained 525 young boys on identifying and challenging harmful behaviour that leads to discrimination and inequality for girls.

These are a few of the incredible achievements taking shape across Delhi. We couldn't be more grateful to you for helping make them happen. We know you will enjoy reading on to see more of the ways your generosity is changing the lives of children, like your sponsored child, across this region.



"My parents did not want my sister and me to continue with our studies, but now their perspective has changed. I was so happy to see them participate in a campaign against child marriage and it ensured that they will not force me or my sister into early marriage."

Neha, 17 sponsored child

OUR IMPACT

WE ORGANISED COMMUNITY
MEETINGS ON GENDER

EQUALITY FOR **105**
YOUTHS

212 GIRLS LEARNED
ABOUT MENSTRUAL HEALTH

WE PROVIDED **11**
CHILDREN WITH
DISABILITIES WITH REGULAR
PHYSIOTHERAPY

WE ORGANISED SUPPORT
MEETINGS FOR **360**
PARENTS OF CHILDREN WITH
DISABILITIES

200 YOUTHS
PARTICIPATED IN STREET
PLAYS ON SEXUAL
HARASSMENT

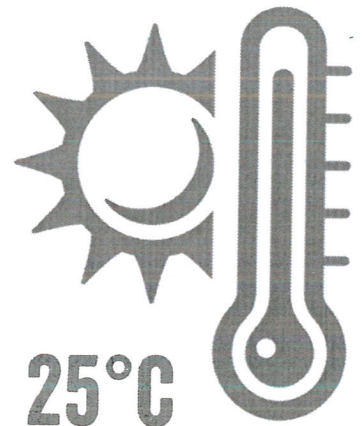
LIFE FOR CHILDREN IN DELHI

The families living in Delhi come from many different parts of India and follow their local customs and traditions. Many festivals are being celebrated, such as Holi, the festival of colour. In this vibrant and diverse community, life can also be very challenging for children.

Many families have low incomes and live in slums. They have difficulties accessing adequate health and sanitation services and struggle to provide nutritious food for their children. Some children are forced to work to contribute to the income of their families and as a result, cannot go to school.

The society of Delhi is patriarchal and many girls face different forms of discrimination and violence while growing up. Girls are expected to help their mothers with the household work and are often not allowed to leave the house without a male member of the family accompanying them. Early marriage is still common which can have severe consequences for the health and development of girls, as it often leads to early pregnancy and social isolation.

STEPPE
CLIMATE
WITH LITTLE
RAINFALL
THROUGHOUT
THE YEAR



30%

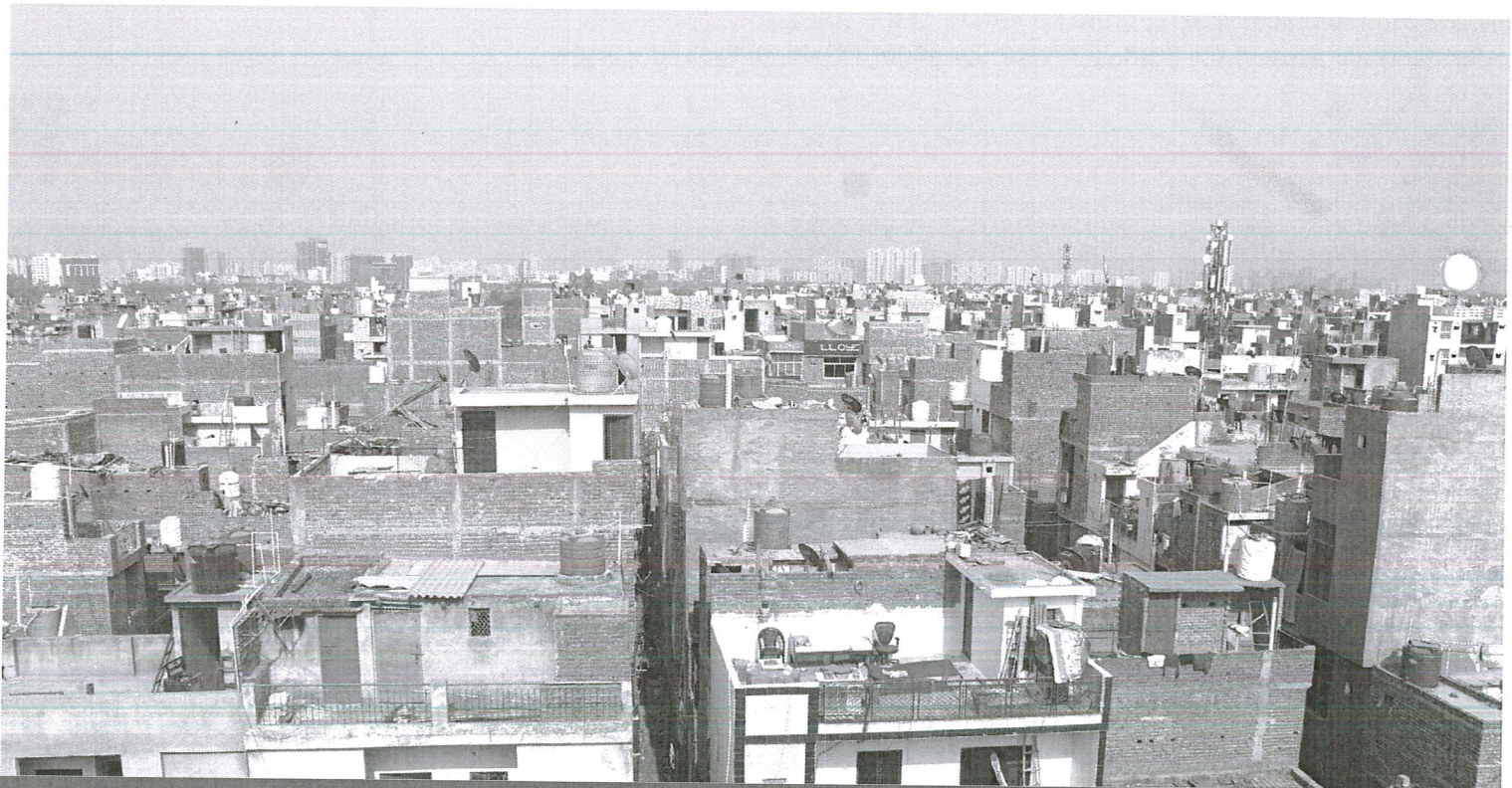
OF PEOPLE HAVE NO
ACCESS TO SAFE WATER

45%

OF PEOPLE HAVE NO ACCESS
TO SANITARY TOILETS

91%

OF CHILDREN HAVE COMPLETE
BASIC VACCINATIONS



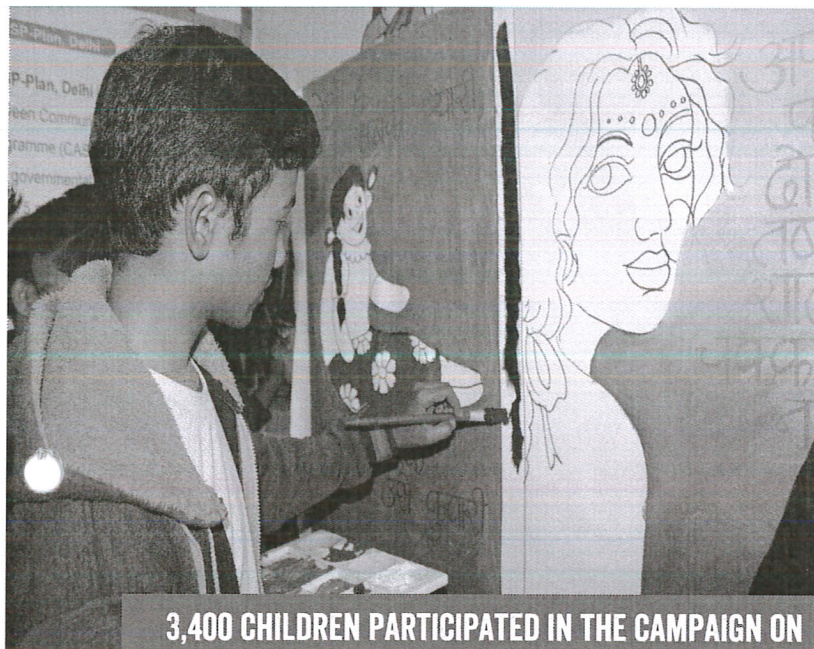
WE STARTED WORKING IN DELHI IN



16,3 MIL.

KEEPING CHILDREN SAFE IN DELHI

The child protection systems of Delhi are not very strong and many children face different forms of violence. The communities and parents are often unaware of the rights all children have and do not know how to protect them from harm.



3,400 CHILDREN PARTICIPATED IN THE CAMPAIGN ON ENDING CHILD MARRIAGE, BY PRODUCING SLOGANS, WRITING ESSAYS AND MAKING POSTERS

A campaign we organised made the communities aware of the risks children can face through early marriage. A total of 3,400 girls and boys participated by making posters and writing essays. Around 34,500 people were reached through the campaign and became aware of the risks and legal consequences of child marriage.

Sonika, 12, says: "I participated in an essay writing competition on child marriage. This is where I learned that there is a legal age for marriage."

We also trained 75 women on providing services for child protection in their communities. In different children's clubs, we taught the members the importance of child protection and they are now able to pass on this knowledge in their communities.

To support the child protection systems of Delhi, we cooperated with local authorities. Together with the local police and a child welfare committee, we discussed proper reporting mechanisms for cases of child abuse and aftercare support.

THE POWER OF CLEAN WATER

Many families in Delhi live in slums and cannot access basic facilities related to water, sanitation and health. Poor sanitation practices lead to diseases spreading easily. This can have severe health implications for children. The groundwater in the area is unsafe for drinking, due to biological and chemical contamination.

To improve the hygiene practices of children in the region, we established and trained sanitation committees. They taught 4,000 girls and boys how to wash their hands before meals and how to use toilets properly. We also trained 200 children and 1,800 women on the topic of water quality and showed them the effects of drinking contaminated water. We made safe drinking water available at local schools and 3,200 children are now benefiting from this.

"After attending a water testing session, we realised that drinking contaminated water is so dangerous. We never thought of that before. Now we know how to clean water at home. The session has opened our eyes and we really benefit from it."

Sejal, 10, sponsored child



CHILDREN DEVELOPED A ROUTINE OF HANDWASHING TO PASS ON TO THEIR FAMILIES

YOUR SUPPORT IS CHANGING LIVES

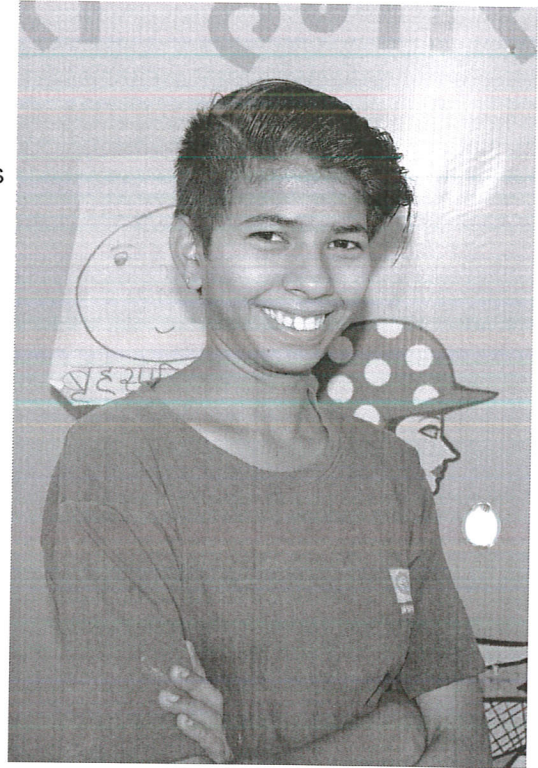
With your support, we will continue to ensure that children's rights are respected, and they are able to thrive.

In the coming year, we will continue to empower young people economically by providing vocational training that enables them to find jobs or start their own businesses.

Gender inequality remains to be a great challenge for girls in Delhi and so we will continue to challenge harmful social norms that lead to discrimination and violence. By creating a safe environment for girls, we give them equal chances in life so that they can develop to their full potential.

For children growing up in the slums of Delhi, health is a challenge. We will continue to strengthen the local health and nutrition programme in the communities to ensure that children can develop healthily.

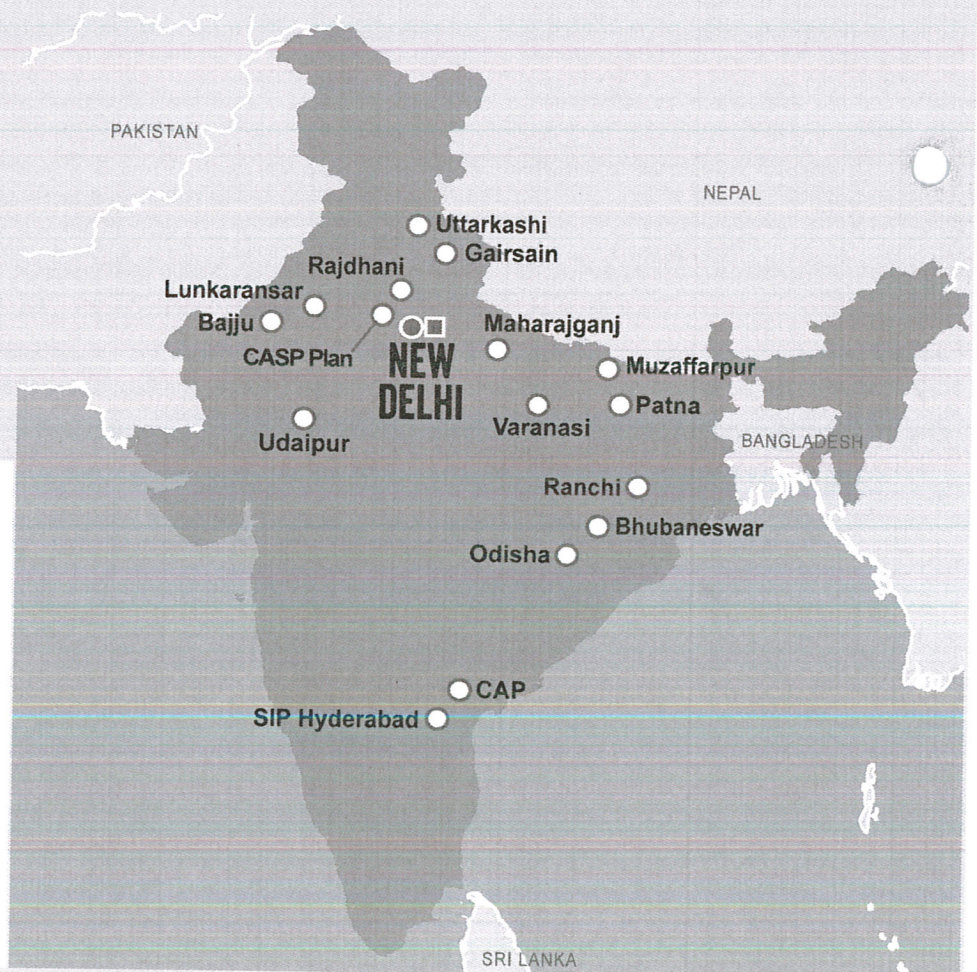
These are just some of the many ways your kindness will continue to touch the lives of your sponsored child and other children in Delhi. Thank you for all that you do!



MESSAGE FROM ASHOK SHARMA

Programme Area Manager, Delhi

"Thank you for supporting us in our achievements this year in child protection and gender mainstreaming. With your support, we have been able to bring positive changes in the lives of children who wouldn't have been able to achieve their dreams otherwise. This was made possible because you sponsored a child in Delhi."



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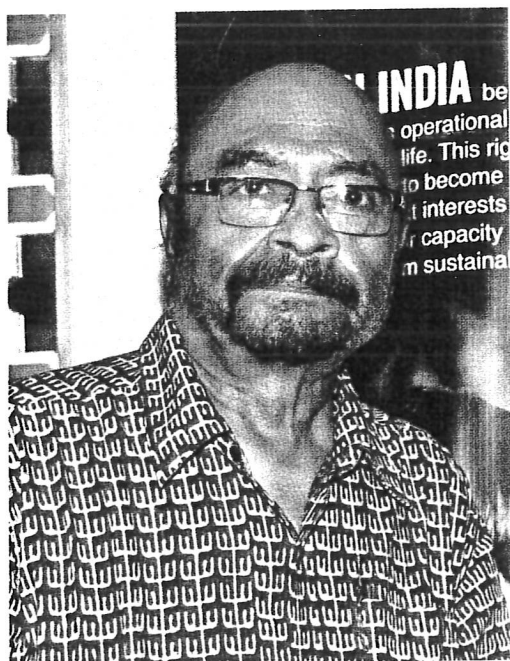
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LIST OF ACRONYMS

AES	Acute Encephalitis Syndrome
AIDS	Acquired Immunodeficiency Syndrome
ANM	Auxiliary Nurse Midwife
ART	Antiretroviral Therapy
ASHA	Accredited Social Health Activist
AWW	Anganwadi Workers
CMHO	Chief Medical Health Officer
CNW	Community Nutrition Workers
CPC	Child Protection Committee
DM	District Magistrate
EID	Early Infant HIV Diagnosis
EPC	Environment Protection Committee
FLW	Frontline Workers
HIC	Health Information Centres
HIV	Human Immunodeficiency Virus
ICDS	Integrated Child Development Services
IEC	Information Education Communication
JE	Japanese Encephalitis
JOVT	Job-oriented Vocational Training
NACO	National AIDS Control Organisation
NCD	Non-Communicable Diseases
NGO	Non-Governmental Organisation
NHM	National Health Mission
NITI Aayog	National Institution for Transforming India
NRC	Nutrition Rehabilitation Centres
PC & PNDT	Pre-Conception and Pre-Natal Diagnostic Techniques
PE	Peer Educator
PPTCT	Prevention of Parent to Child Transmission
PRI	Panchayati Raj Institution
SCPCR	State Commission for Protection of Child Rights
SMC	School Management Committees
WASH	Water, Sanitation and Hygiene



MESSAGE FROM THE CHAIR EMERITUS



Dear Reader,

I have the pleasure once again of presenting Plan India's Annual Report for 2018–19.

My association with Plan India has been a long and fulfilling one. I have watched with great pride as the organisation has grown strength to strength in its pursuit of creating a just world for children. This year, Plan India completed 40 years of doing seminal work in advancing children's rights and equality for girls. I am honoured to have been a part of this journey and congratulate all my colleagues on this momentous occasion.

In the past 40 years, Plan India has grown and matured and is today known as a trusted organisation that advocates for child rights and equality for girls. Plan India has worked with children, adolescents and young people, extensively engaging with them in all aspects of our work. We consider our efforts successful when children and youth, particularly girls, drive change in their communities and are able to hold effective dialogues with duty bearers.

I am immensely proud to note that children and youth who were part of our projects in the past are now leading the charge in their communities. These are the results we strive for! When a community becomes self-aware of the issues that exist and makes efforts to resolve them that is when we are truly successful.

The work by Plan India has benefitted millions of children, helping them break the cycle of poverty and wield their right to a future of their own. I am proud to share that Plan India has created an environment where girls can learn, lead, decide and thrive in the communities that they work.

Over the years, the support we have received from the government, local and international donors, corporate donors, grassroot NGOs and supporters from around the world has been immense.

I extend my sincerest thanks to every member of the Plan India family who works untiringly to reach our goal of 10 million smiles.

I look forward to another year full of successes to help children, particularly girls.

Govind Nihalani
Chair Emeritus, Plan India

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MESSAGE FROM THE CHAIRPERSON



Dear Friends,

I am happy and proud that Plan India has made strong gains through 2019, with new partnerships, outreach programmes and forays into new domains.

In a 'first' Plan India partnered with the National Institution for Transforming India (NITI Aayog), the Government of India's premier policy think tank, for its flagship 'Aspirational District Programme,' which aims to rapidly improve the 'ease of living' in the 117 most backward districts of India. Under this partnership, Plan India will work with district authorities across five states—Uttar Pradesh, Uttarakhand, Jharkhand, Rajasthan and Bihar—to bolster two of its most important strategic priorities – health and nutrition.

The other 'first' that I am pleased to share is the coming on board of external partners for the 2nd Plan India Impact Awards, a unique platform which recognises the exemplary contributions of frontline workers in their efforts to bring about lasting impact and sustainable changes in the lives of people. The inaugural Impact

Awards held in 2017 covered 13 states and honoured 10 outstanding grassroots changemakers. In 2018, it expanded to cover 22 states and 190+ NGOs.

Yet another 'first' for Plan India has been the 'Girls Get Equal' campaign, which was launched on the International Day of the Girl by Mr. Anil Kapoor, well known actor and Plan India Patron. The campaign is one of the world's biggest and has been co-created in collaboration with girls and young women. Launched in 64 countries and counting, the initiative aims to give girls and young women a voice in making their own choices.

At the heart of all these 'firsts' has been our commitment to support, enable and advance children's rights and equality for girls.

As Plan India draws closer towards achieving the ambitious targets set forth in CSP IV, there is a stronger commitment to deepen our collaborative engagements with various stakeholders, including Civil Society Organisations (CSOs), local, state and national governments as well as individual and corporate donors.

I wish the team at Plan India many more 'firsts' in the year ahead.

A stylized, handwritten signature in dark ink, appearing to read 'Rathie'.

Rathie Vinay Jha
Chairperson, Plan India Board

OUR HISTORY

1979

Plan International
began operations
in India



Plan India
registered as
an Indian entity



1996

GENESIS AND SET-UP



Plan India
strengthened under
'One Plan' agenda

2004



Plan India
established as a
national entity of
relevance



2010



2020

Plan India is a
leading girls' rights
organisation

OUR APPROACH

Standards integrated in all organisational and programming components:



Participation

Working with communities, youth, self-help groups and community-based organisations



Inclusion

Tackling exclusion and gender inequality through all our programmes



Partnerships

Partnering with networks, civil society organisations, international non-governmental organisations (NGOs) and the United Nations



Influencing

Governments, corporates and foundations



Accountability

Strengthening Plan India's systems and processes

OUR PURPOSE

We strive for a just world that advances children's rights and equality for girls.

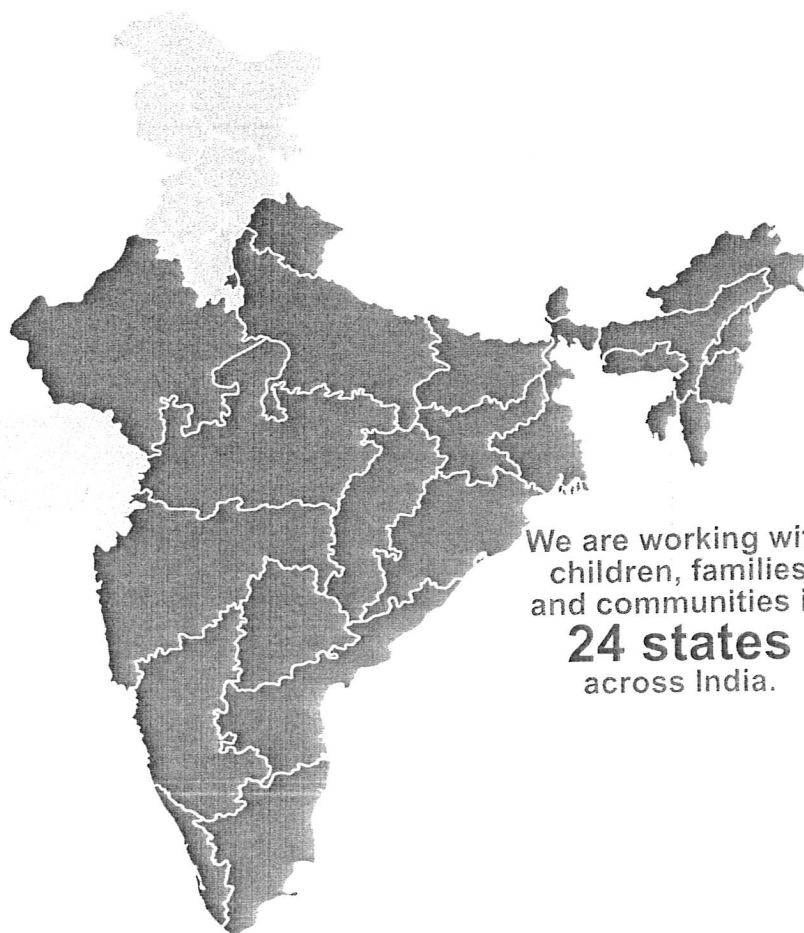
ABOUT COUNTRY STRATEGIC PLAN IV

GOAL 2020

During 2015–2020, Plan India will undertake long-term sponsorship-based programming in 8 states and grants-based programming in 16 states, to:

1. Work with **TWO** million children, and within these, aim to impact **ONE** million girls and young women
2. Impact **TEN** million girls and young women through influencing government policy and practice
3. Develop innovative pilots through evidence-based programming

OUR GEOGRAPHICAL COVERAGE



We are working with
children, families
and communities in
24 states
across India.

1. Andhra Pradesh
2. Arunachal Pradesh
3. Assam
4. Bihar
5. Chhattisgarh
6. Delhi
7. Jharkhand
8. Karnataka
9. Kerala
10. Madhya Pradesh
11. Maharashtra
12. Manipur
13. Meghalaya
14. Mizoram
15. Nagaland
16. Odisha
17. Rajasthan
18. Sikkim
19. Tamil Nadu
20. Telangana
21. Tripura
22. Uttar Pradesh
23. Uttarakhand
24. West Bengal

PLAN IN NUMBERS

PROJECTS

275 projects active over the past financial year

144.72 crores (INR) total annual budget FY19

LOCATIONS

5,596 villages/slums benefit directly from Plan India's work

PARTNERSHIPS

17,000 community-based organisations

128 local and national NGO partners

16 international NGO partners

40 national and international corporate and private sector institutions

26 government institutions at central and local levels

PARTICIPATION

75,668 community members trained on gender equality

CHILD PROTECTION

81,674 community members and volunteers trained on child protection

907 staff members in partner organisations and institutions trained on child protection

201 projects with one or more activities that are gender transformative in scope